

CNA Test

1. A resident often carries a doll with her, treating it like her baby. One day she is wandering around crying that she can't find her baby. The nurse aide should:
 - Ask the resident where she last had the doll.
 - Ask the activity department if they have any other dolls.
 - Offer comfort to the resident and help her look for her baby.
 - Let the other staff know the resident is very confused and should be watched closely.
2. A nurse aide is asked to change a urinary drainage bag attached to an indwelling urinary catheter. The nurse aide has never done this before. The best response by the nurse aide is to:
 - Change the indwelling catheter at the same time.
 - Ask another nurse aide to change the urinary drainage bag.
 - Change the bag asking for help only if the nurse aide has problems.
 - Ask a nurse to watch the nurse aide change the bag since it is the first time.
3. Before feeding a resident, which of the following is the best reason to wash the resident's hands?
 - The resident may still touch his/her mouth or food.
 - It reduces the risk of spreading airborne diseases.
 - It improves resident morale and appetite.
 - The resident needs to keep meal routines.
4. Which of the following is a job task performed by the nurse aide?
 - Participating in resident care planning conferences.
 - Taking a telephone order from a physician.
 - Giving medications to assigned residents.
 - Changing sterile wound dressings.
5. Which of the following statements is true about range of motion (ROM) exercises?
 - Done just once a day.
 - Help prevent strokes and paralysis.
 - Require at least ten repetitions of each exercise.
 - Are often performed during ADLs such as bathing or dressing.
6. While the nurse aide tries to dress a resident who is confused, the resident keeps trying to grab a hairbrush. The nurse aide should:
 - Put the hairbrush away and out of sight.

- Give the resident the hairbrush to hold.
 - Try to dress the resident more quickly.
 - Restrain the resident's hand.
7. A resident who is lying in bed suddenly becomes short of breath. After calling for help, the nurse aide's next action should be to:
- Ask the resident to take deep breaths.
 - Take the resident's vital signs.
 - Raise the head of the bed.
 - Elevate the resident's feet.
8. A resident who has cancer is expected to die within the next couple of days. Nursing care for this resident should focus on:
- Helping the resident through the stages of grief.
 - Providing for the resident's comfort.
 - Keeping the resident's care routine, such as for bathing.
 - Giving the resident a lot of quiet time and privacy.
9. While giving a bedbath, the nurse aide hears the alarm from a nearby door suddenly go off. The nurse aide should:
- Wait a few minutes to see if the alarm stops.
 - Report the alarm to the charge nurse immediately.
 - Make the resident being bathed safe and go check the door right away.
 - Stop the bedbath and go check on the location of all assigned residents.
10. Gloves should be worn for which of the following procedures?
- Emptying a urinary drainage bag.
 - Brushing a resident's hair.
 - Ambulating a resident.
 - Feeding a resident.
11. When walking a resident, a gait or transfer belt is often:
- Worn around the nurse aide's waist for back support.
 - Used to keep the resident positioned properly in the wheelchair.
 - Used to help stand the resident, and then removed before walking.
 - Put around the resident's waist to provide a way to hold onto the resident.

12. Which of the following statements is true about resident's who are restrained?

- They are at greater risk for developing pressure sores.
- They are at lower risk for developing pneumonia.
- Their posture and alignment are improved.
- They are not at risk for falling.

13. A resident has diabetes. Which of the following is a common sign of a low blood sugar?

- Fever
- Shakiness
- Thirst
- Vomiting

14. When providing foot care to a resident it is important for the nurse aide to:

- Remove calluses and corns.
- Check the feet for skin breakdown.
- Keep the water cool to prevent burns.
- Apply lotion, including between the toes.

15. When feeding a resident, frequent coughing can be a sign the resident is:

- Choking
- Getting full
- Needs to drink more fluids.
- Having difficulty swallowing.

16. When a person is admitted to the nursing home, the nurse aide should expect that the resident will:

- Have problems related to incontinence.
- Require a lot of assistance with personal care.
- Experience a sense of loss related to the life change.
- Adjust more quickly if admitted directly from the hospital.

17. A resident gets dressed and comes out of his room wearing shoes that are from two different pairs. The nurse aide should:

- Tease the resident by complimenting the resident's sense of style.
- Ask if the resident realizes that the shoes do not match.
- Remind the resident that the nurse aide can dress the resident.
- Ask if the resident lost some of his shoes.

18. A resident's wife recently died. The resident is now staying in his room all the time and eating very little. The best response by the nurse aide is to:

- Remind the resident to be thankful for the years he shared with his wife.
- Tell the resident that he needs to get out of his room at least once a day.
- Understand the resident is grieving and give him chances to talk.
- Avoid mentioning his wife when caring for him.

19. When a resident refuses a bedbath, the nurse aide should:

- Offer the resident a bribe.
- Wait awhile and then ask the resident again.
- Remind the resident that people who smell don't have friends.
- Tell the resident that nursing home policy requires daily bathing.

20. When a resident is combative and trying to hit the nurse aide, it is important for the nurse aide to:

- Show the resident that the nurse aide is in control.
- Call for help to make sure there are witnesses.
- Explain that if the resident is not calm a restraint may be applied.
- Step back to protect self from harm while speaking in a calm manner.